



WELCOME





# Welcome

Hello and welcome to Kissimmee Family Dentistry. We are pleased that you are entrusting your oral health needs to us, and we look forward to sharing happy smiles with you for years to come.

Kissimmee Family Dentistry has two offices to better serve you, both at The Loop and on Person Street. We pride ourselves on providing top-quality comprehensive dental care to enhance your overall health and well-being. Our training and years of experience mean we can provide for nearly all of your oral healthcare needs. Our goal is to give you a healthy mouth and beautiful smile in a relaxed and comfortable environment where you are treated like family.

This booklet was created to help you prepare for your first appointment with important information about our philosophy of care, the services we provide, how modern dental technology can benefit you, and what you can expect in our care.



***"My philosophy starts with mutual respect between myself, my dental team and the patient. Every patient that walks into our room deserves to be a part of the conversation and to leave educated about their current state and what is possible."***

***~Dr. Meyer***

## **ABOUT OUR PRACTICE**

Kissimmee Family Dentistry was founded in 1989. Since our inception over 30 years ago, our reputation for excellent dental care has spread. We enjoy many referrals from loyal long-time patients and positive reviews.

We are a privately owned practice, and that means that many patients find us to be different from a corporate dental practice that might try to rush you in and out the door. You'll always see friendly and familiar faces who genuinely care about your health and wellbeing.

Patients are not just a number on a chart. You will be treated with kindness and respect while receiving top- quality care, and our team is never satisfied until you are.





*"Our practice takes great pride in not simply providing our patients with a list of problems, but in having an individualized and personal discussion about solutions and possibilities."*  
~Dr. Mokris

## OUR APPROACH TO DENTISTRY

We like to work as a team with the patient and involve them in each step so they can be a part of their journey to successful oral health. Our goal is to develop good long-term relationships with his patients through great dental care, open communication and honesty.

Another reason you will love our practice is the comfortable reception area and treatment and exam rooms, all dedicated

to helping you relax while we care for you. We use modern technology for more comfortable exams and better long-term outcomes because we want to be your dentist for life.

Kissimmee Family Dentistry is committed to giving back to the community. That's why we've been so proud to help Dental Lifeline Network, Florida's Donated Dental Services program.



## WHAT TO EXPECT AT YOUR FIRST APPOINTMENT

Our goal is that when a new patient walks in, they feel comfortable to have an open conversation with us about their expectations, their current state of dental health and their goals. We then take it upon ourselves to diagnose accordingly and create a roadmap for our patient that will get them to an optimal state of health, not just stable.

Another reason you will love our practice is our welcoming reception areas and treatment and exam rooms, all dedicated to helping you relax while we care for you. We treat everyone with respect, compassion, and professional care in a relaxed environment.

***"I think the oral cavity is the gateway to health, your physical health. I want patients to think about not just one tooth or decay, but really understand health." ~Dr. Turner***



***"I like to treat each of my patients as if they are a family member or close friend. For a patient to walk into our treatment room and feel at ease with us is always my goal. I couldn't imagine a profession where I could not work one on one with my patients and truly connect on a personal level."~Dr. Meyer***

Making sound decisions about your dental care and oral health is an easy thing to do with the right preparation, and we will use our years of training and experience to help you have the healthy mouth and beautiful smile you deserve. If you are reading this booklet, your first appointment is already off to a great start!

Our team will greet you in reception and assist you with your new patient paperwork, if needed. Then we'll show you around the office and escort you through a series of exams, collecting information about your dental health history, and we'll ask about any immediate concerns.

We also work efficiently because we value your time. Our doctors will meet with you to discuss your overall oral health, answer your questions, and happily discuss how to maintain or improve it.

We will take great care of you at your pace, and we'll explain everything so you can feel comfortable and prepared. If you have any apprehensions about getting the dental care you need, we will do everything possible to help you relax and feel comfortable.



***"When a patient has past dental trauma or a 'fear of the dentist,' I make it my goal to change their perspective of dentistry and love seeing the personal growth that a patient can have when they are treated well and know that they are in good hands."~Dr. Meyer***



## OUR TECHNOLOGY

*"I love new technology that makes things more accurate, more precise, more consistent for the patient." ~Dr. Turner*

**Digital X-rays** – are much more comfortable and efficient than traditional X-rays and expose you and our team to less radiation. The high-quality images captured can be shared immediately with our patients so we can discuss what we see and store those images for easy reference for future appointments.





**iTero Intraoral Scanner** – is a touch-enabled scanner that produces a precise view of your mouth, gums, teeth, and all other oral structures. We use this device to create digital impressions (no tray full of goop to bite into) for Invisalign, implants, dentures, and more.

**CBCT** – Cone-beam computed tomography systems rotate around the patient's head and neck, capturing data through a cone-shaped X-ray beam. We can use the data to reconstruct three-dimensional (3D) images of your anatomy, specifically the teeth, entire mouth, jaw joints, neck, ears, nose, and throat.



## **WHAT MODERN DENTISTRY CAN DO FOR YOU**

***"I take their mind off of things while they don't even know they've had a dental appointment when we're done. That's my goal. That's my forte." ~Dr. Turner***

Modern dentistry offers so many possibilities when it comes to your smile. No one has to live with missing, crooked, or stained teeth. Jaw pain is not normal and is completely treatable. Interrupted sleep due to blocked airways can often be treated with a simple dental appliance. If stress or genetics has you grinding your teeth, we can help.



You do not need to live with severely worn teeth or missing teeth. Not only can this change the shape of your face, it can cause issues such as jawbone deterioration. No matter what age you might be, you deserve a beautiful smile and the ability to eat the foods you love. Even more concerning, studies show missing teeth are tied to an increased risk of dementia, stroke, diabetes and even cancer.

Our team is here to help you have the best oral health possible to enhance your overall wellness and quality of life. Nothing boosts your confidence and enjoyment in life like a great smile.

Modern dentistry can replace missing teeth with implants or dentures. We can create same-day crowns to cover damaged teeth, use veneers to cover stained or cracked teeth, and fill in gaps. We can also straighten those pearly whites with Invisalign in less time than you might think.



# SPECIALTY CARE

Using modern technology and treatments, we provide a variety of specialty services to enhance your smile and quality of life.

## TREATMENT OF SLEEP APNEA/TMD

Millions of Americans have jaw issues that obstruct their airways and interrupt their sleep. Left untreated, this medical condition can lead to severe health problems. If we see evidence of sleep apnea, we can correct your jaw alignment and open obstructed airways with a custom-built appliance to wear at night.

When your jaw joints are out of alignment it can cause unpleasant symptoms, such as:

- **Jaw and face pain**
- **Persistent headaches**
- **Popping and cracking when eating, talking, or yawning**
- **A sensation of the jaw joint locked in place**
- **Neck and back pain**
- **Sleep apnea**
- **Teeth grinding**

If an exam shows evidence of your jaw being out of alignment, unnatural wear and tear on your teeth, or if you have some or all of the symptoms listed above, then you are most likely experiencing. Our team can bring immediate relief from these symptoms.



## IMPLANTS

Implants have revolutionized dentistry by providing a safe, sturdy, and long-lasting replacement to missing natural teeth. Whether you need a single tooth replaced or multiple dental implants, we can help. We even offer All-on-4 dental implants, which are designed to replace a full dental arch. It has never been easier to restore your smile.

## INVISALIGN

Braces are not just for kids anymore. Adults can get a great looking smile using clear aligners that are easily removed for eating and brushing, but so discreet no one will know you are wearing braces unless you tell them so.



# TESTIMONIALS

We greatly appreciate the many positive reviews and testimonials our patients have made for us about their experiences in our care.

***"Absolutely top-notch service! I've been a loyal patient for years and couldn't be happier. The staff is friendly, the atmosphere is welcoming, and I always leave feeling confident in their expert recommendations. Highly recommend this dentist to anyone seeking exceptional care!" ~Damaris N.***

***"Dr. Turner has been our dentist for decades. He is a great dentist who provides great care. He does not try to oversell you on your care always offering fair priced procedures. If you're lucky you will get to listen to one of his wonderful interesting stories while providing your care. Bottom line is I would choose him again as my dentist again after all these years. He has provided care for my spouse, myself and our three children." ~Karen F.***

***"I am at the final phase of getting implants and I am glad that I chose Kissimmee Family Dentistry, Dr. Patrick Mokris is the greatest dentist you could get for the job. The assistants/staff of the clinic make you feel like family making the entire process enjoyable. A big shout to Holly, the manager, from me and my visa card." ~Miguel R.***



***"I have been going to Dr. Turner at Kissimmee Family Dentistry for over 20 years. Dr. Turner has to be one of the best at Dentistry in the country and is by far the best that I have had in my life. Wish I had known him the first 50 years of my life. Also, the staff is very professional and equally knowledgeable. Anyone who needs a dentist go there, you will be extremely happy you did and will never have to look again." ~Michael L***

***"Highly Recommended. What a wonderful experience. Found my new dentist office. Dr. Meyer and staff projected a professional, positive, and pleasant atmosphere. They are truly exceptional. Felt very comfortable. Looking forward to a wonderful relationship." ~Mercedes C.***

***"I hadn't been to the dentist in years, terrified to make an appointment I found Kissimmee Family Dentistry and based on reviews made an appointment! From the time I walked in the door I felt welcome and comfortable. Dr. Mokris read my file and knew about me before he saw me. He was honest with me about what he recommended and had awesome bedside manner. I would recommend Kissimmee Family Dentistry to anyone! 5 stars!!" ~Tristan H.***

## ABOUT DR. PATRICK MOKRIS

Dr. Mokris has deep roots in Central Florida. He and his wife have lived in this area their whole lives, as did their parents and some of their grandparents as well. Dr. Mokris' father was an ENT physician who helped a lot of patients that ended up being Dr. Mokris' patients.



After graduating from Bishop Moore Catholic high school in Orlando, Dr. Mokris attended the University of Notre Dame and earned his DMD degree from the University of Florida. He has been practicing dentistry in Kissimmee since 2007 and is a member of the American Dental Association, Florida Dental Association and the Dental Society of Greater Orlando and the American Academy of Dental Sleep Medicine.

He embraces new technologies and treatment options, utilizing all available methods to provide the best and most discerning care possible while understanding the unique, individual needs of every patient.

When he is not seeing patients, Dr. Mokris enjoys golf, exercising, and family time. He volunteers at his church and at his children's schools. Dr. Mokris even gets up early to go to the gym before work and finds time to play golf and have date nights with his wife.

# ABOUT DR. NIKITA MEYER



***"Dentistry is such a perfect combination between science, art and relationship building which are three areas that I've always felt most aligned with even before discovering the profession." ~Dr. Meyer***

Dr. Nikita Meyer is a first generation American and she was raised in Central Florida. Her mother and father immigrated from Germany and Switzerland, respectfully. German is her first language.

She attended the University of Central Florida and Midwestern University, College of Dental Medicine. She always loved problem solving and had an interest in science from an early age. Dentistry was an ideal fit for her because she loves building relationships with patients and seeing progress and seeing the impact she is making.

Dr. Meyer is a tripartite member of the American Dental Association, Florida Dental Association and Central Florida District Dental Association as well as a member of the Academy of General Dentistry. She stays up to date with the research that is consistently published in the dental field as dentistry is ever-changing.

When she's not at work, Dr. Meyer enjoys distance running, golf, hiking, and skiing. She is part of a run club and has run several half-marathons. She loves to relax with a good book series. She also loves to travel as well whether it's stateside visiting friends in different cities, or planning a long trip overseas. We try to aim for a new and exciting location at least once a year to push us out of our comfort zones.

She lives in Winter Park and enjoys spending time with her friends and family, including her husband and dog Loki.



# ABOUT DR. C. MICHAEL TURNER

Dr. C. Michael Turner has been in practice for over 40 years. During that time, it has been his privilege to serve the people of Osceola County, treating patients the way he would like to be treated.



An unexpected accident where he was hit in the mouth by a baseball when he was 11 years old and needed a root canal, launched Dr. Turner into a career involving dentistry. Soon after, he started looking into dentistry and figuring out how he could best help patients and ensure they were always comfortable. He has gained a reputation for giving the best injections.

He attended the University of California, Irvine, and the University of Illinois College of Dentistry. While in dental school, he worked for Dr. Charles Greene and Dr. Daniel Laskin, researching TMJ and co-writing two abstracts with respect to TMJ patient's outcome results with treatment and non-treatments modalities over time. He completed an oral cancer fellowship with the University of Chicago Billings Hospital.

In addition, Dr. Turner is a member of several professional organizations, including the American Dental Association, Florida Dental Association, Dental Society of Greater Orlando, and Central District Dental Association.

He is currently writing a book on spirituality and the universe. He enjoys learning about physics and innovative new technologies. He has a provisional patent on a new form of communication that allows information to be transferred between two spatially separated points instantaneously, without time delay.

# ALL ABOUT YOU

Please fill out this page and bring it with you to your first appointment. This information will help us quickly understand your needs and provide you with excellent, patient-focused service.

**I decided to make an appointment because** \_\_\_\_\_  
\_\_\_\_\_

**My biggest concern is** \_\_\_\_\_  
\_\_\_\_\_

**My dental health goals for the future are** \_\_\_\_\_  
\_\_\_\_\_

**I would like to learn more about** \_\_\_\_\_  
\_\_\_\_\_

**With my new and improved smile, I hope to** \_\_\_\_\_  
\_\_\_\_\_

**Once I have completed my visits, I'm looking forward to** \_\_\_\_\_  
\_\_\_\_\_

**I'm having pain or discomfort (Circle One): YES NO**

**If your answer is yes, please answer these two questions:**

**I have the following kinds of pain** \_\_\_\_\_  
\_\_\_\_\_

**When I'm free of pain, I will be able to** \_\_\_\_\_  
\_\_\_\_\_

# **Kissimmee Family Dentistry**

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